

## Family owned & Operated

### MEET THE CREATOR OF VITAL FLORA

I've devoted my life to helping people balance their digestive system and achieve vibrant health. I believe overall good health begins with a healthy gut.



**Brenda Watson**  
Digestive Care Expert  
Founder of Vital Planet  
NY Times Bestselling Author

### DIVERSITY IS THE KEY TO MEN 55+ DAILY

Our bodies naturally contain many different types of good bacteria so we formulated Vital Flora Men 55+ Daily with a diverse blend of 60 strains.\*

It contains a specific ratio of beneficial bacteria with more Bifido for aging men to support overall digestive and immune health.\*

We also added 7 plant-based prebiotics to help feed the diversity of good bacteria in our gut.\*

**FREE Product Specialist Support Line**  
Call toll-free: 1-866-787-9001



At Vital Planet, we're always here to help! If you have questions or want additional information on any of our products, talk to one of our product specialists who will be happy to guide you on your journey to vibrant health.

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



## WHAT TO LOOK FOR IN A PROBIOTIC

### 60 BILLION LIVE CULTURES

Formulated with 60 Billion live probiotic cultures in every capsule, Vital Flora contains the potency that you want.\*

### 60 DIVERSE PROBIOTIC STRAINS

A healthy gut contains a highly diverse balance of good microbes. Vital Flora contains multiple strains of Lacto and Bifido bacteria to more closely mirror the natural diversity of the human gut.\*

### 7 TYPES OF PREBIOTICS

Prebiotics are special types of fiber from plants that help feed beneficial bacteria in the digestive tract.\* Vital Flora contains a blend of 7 organic prebiotic sources.

### DELAYED RELEASE CAPSULES

Taken any time of day, with or without food, Vital Flora's delayed release capsules help ensure more probiotics reach the intestinal tract where you want them.\*

**Quality & Purity Guaranteed**  
Distributed by Vital Planet  
133 Candy Ln., Palm Harbor,  
Florida 34683

800.938.8482 VitalPlanet.com



Assembled in  
a facility in the  
USA that is GMP  
(Good Manufacturing  
Practices)

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**Directions:** For best results, adults take one (1) capsule daily with or without food.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

|                                                                                                                                         | Amount Per Serving    | %DV        |
|-----------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------|
| <b>Men 55+ Proprietary Probiotic Blend</b>                                                                                              | <b>177 mg</b>         | <b>***</b> |
| <b>Total Probiotic Cultures</b>                                                                                                         | <b>60 Billion CFU</b> |            |
| <b>Total Lacto Probiotic Cultures</b>                                                                                                   | <b>25 Billion CFU</b> |            |
| <i>Lactobacillus plantarum</i> (VPLP-5, VP-98, VP-99, VP-47, VP-36)                                                                     |                       |            |
| <i>Lactobacillus rhamnosus</i> (GG, VP-6, HN001, VP-101, VP-34, VP-11)                                                                  |                       |            |
| <i>Lactobacillus acidophilus</i> (VPLA-4, NCFM, VP-96, VP-35, VP-97)                                                                    |                       |            |
| <i>Lactobacillus casei</i> (VPLC-1, VP-103, VP-9, VP-16)                                                                                |                       |            |
| <i>Lactobacillus paracasei</i> (Lpc-37, VP-100, VP-33)                                                                                  |                       |            |
| <i>Lactobacillus salivarius</i> (VP-4, VP-104, VP-18)                                                                                   |                       |            |
| <i>Lactobacillus brevis</i> (VPLB-5, VP-102)                                                                                            |                       |            |
| <i>Lactobacillus bulgaricus</i> (VPLB-7, VP-23, VP-109)                                                                                 |                       |            |
| <i>Lactobacillus reuteri</i> (VPLR-1, VP-24, VP-108)                                                                                    |                       |            |
| <i>Lactobacillus gasseri</i> (VP-20, VP-40, VP-107)                                                                                     |                       |            |
| <i>Lactobacillus fermentum</i> (VP-48, VP-106)                                                                                          |                       |            |
| <i>Lactobacillus helveticus</i> (VP-105, VP-44)                                                                                         |                       |            |
| <i>Lactobacillus delbrueckii</i> (VP-10, VP-31)                                                                                         |                       |            |
| <b>Total Bifido Probiotic Cultures</b>                                                                                                  | <b>35 Billion CFU</b> |            |
| <i>Bifidobacterium lactis</i> (VPBA-4, BI-07, B-420, HN019, VP-110, VP-111)                                                             |                       |            |
| <i>Bifidobacterium bifidum</i> (VPBB-6, VP-112, VP-113)                                                                                 |                       |            |
| <i>Bifidobacterium breve</i> (VP-7, VP-116)                                                                                             |                       |            |
| <i>Bifidobacterium longum</i> (VPBL-5, VP-114, VP-115)                                                                                  |                       |            |
| <i>Bifidobacterium infantis</i> (VPBI-6, VP-117, VP-118)                                                                                |                       |            |
| <b>Organic Prebiotic and Fiber Blend</b>                                                                                                | <b>250 mg</b>         | <b>***</b> |
| Organic Acacia Fiber, Organic Guar Gum, Organic Apple Fiber, Organic Cassava (root), Organic Cranberry, Organic Pea Fiber, Organic Kelp |                       |            |

\*\*\*Daily Value (DV) not established.

**Other Ingredients:** Delayed Release Vegetarian Capsule (hypromellose, gellan gum, water)

Contains NO GMOs, yeast, wheat, gluten, soy, dairy, tree nuts, salt, shellfish, sugar, animal products, binders, fillers, or artificial ingredients.

Store at 77° F (25° C) or below.

**KEEP OUT OF REACH OF CHILDREN.**

Consult your healthcare professional before using this or any product if you are pregnant, nursing, or under medical supervision.

**60 BILLION**  
LIVE CULTURES

**60 DIVERSE**  
STRAINS

**7 PREBIOTIC SOURCES**

