Directions For Use

Adults: 6 tablets per day

Age 12-18 years: 3 tablets per day

For optimal results split into 2 doses per day; first thing in the morning, and around mid to late afternoon.

Xtend-Life™ Neuro-Natural Serenity is an all-natural professional supplement with ingredients which may assist in supporting healthy moods* and the ability to handle stress* or anxiousness*

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

L1085-7

xtendlife

love life. live life.

Neuro-Natural

Serenity

To Help Support Healthy Moods and the Ability to Handle Stress and Anxiousness

Enteric coated

90 Tablets

BEST QUALITY GUARANTEE

Dietary Supplement

Made in New Zealand

Supplement Facts

Serving size: 6 tablets

Servings per container: 15

	Amount Per Serving		% Daily Value*
Calories	25		
Calories from fat	5		
Thiamin (as Thiamin hydrochloride)	18 mg	...	1200%
Riboflavin (as Riboflavin-5-phosphate)	10 mg	...	590%
Niacin (as Chromium nicotinate)	0.4 mg	...	2%
Vitamin B6 (as Pyridoxal 5-phosphate)	10 mg	...	500%
Folic acid	300 mcg	...	80%
Biotin	1994 mcg	...	660%
Selenium (as L-selenomethionine)	90 mcg	...	130%
Chromium (as Chromium nicotinate)	54 mcg	...	45%
Dandelion extract (root)	250 mg	...	**
Valerian extract (root)	250 mg	...	**
5-hydroxytryptophan (from Griffonia simplicifolia seed)	247 mg	...	**
Alpha lipoic acid	200 mg	...	**
Bacopa extract (leaf)	200 mg	...	**
Green tea extract	200 mg	...	**
Passionflower extract	200 mg	...	**
L-tyrosine	200 mg	...	**
Soy lecithin	160 mg	...	**
Acetyl L-carnitine	150 mg	...	**
D-phenylalanine	149 mg	...	**
L-carnosine	148 mg	...	**
L-carnitine L-tartrate	147 mg	...	**
SAMe (from 245 mg S-adenosylmethionine tosylate)	127 mg	...	**
Chamomile extract (flower)	100 mg	...	**
Hop (cone)	100 mg	...	**
Milk thistle extract (seed)	100 mg	...	**
Betain HCL	99 mg	...	**
Choline bitartrate	99 mg	...	**
Pomegranate extract (fruit hull)	80 mg	...	**
Inositol	73 mg	...	**
Ginkgo extract (leaf)	70 mg	...	**
Grape seed extract	60 mg	...	**
Eleuthero extract (root)	50 mg	...	**
Papain (from Papaya)	50 mg	...	**
Quercetin (from Saphorae japonica flower)	50 mg	...	**
L-valine	50 mg	...	**
L-glutamine	49 mg	...	**
L-histidine HCL	49 mg	...	**
Taurine	49 mg	...	**
Phosphatidyl L-serine (from Soy bean)	20 mg	...	**
Trans-resveratrol (from Japanese knotweed root)	15 mg	...	**
Vinpocetine (from Cricorus longiflorus, whole plant)	15 mg	...	**
Piperine (from Black pepper)	9.5 mg	...	**
Huperzine A (from Lycopodium serrata whole herb)	200 mcg	...	**
Pancreatic Enzyme Blend	120 mg	...	**
Lipase (from Rhizopus oryzae)			
Protease (from Aspergillus oryzae)			
Amylase (from Aspergillus oryzae)			

* Percent daily values are based on a 2000 calorie diet

** Daily value not established

Not significant source of Calcium

Other Ingredients: Microcrystalline cellulose, Enteric Coating (Purified water, Ethylcellulose, Ammonium hydroxide, Medium chain triglycerides, Oleic acid, Sodium carboxymethyl cellulose, Talc, Polydextrose), Dextrose, Maltodextrin, Silicon dioxide, Sodium carboxymethyl cellulose, Magnesium stearate, Dicalcium phosphate.

Contains ingredients derived from soy

Does not contain dairy, gluten, shellfish or peanut

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Made in New Zealand