

Directions For Use

Adults: 4 tablets per day

For optimal results take on an empty stomach and split into 2 doses per day; first thing in the morning and around mid to late afternoon.

Xtend-Life™ Total Balance Women's is an all-natural comprehensive micro-nutrient, containing a broad range of synergistic nutrients known to support overall female health*

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

L1148-12



Total Balance Women's

Comprehensive Micro-Nutrient for Women

Enteric coated

120 Tablets

Dietary Supplement
Made in New Zealand



Supplement Facts

Serving size: 4 tablets
Servings per container: 30

	Amount Per Serving	% Daily Value*
Calories.....	15	
Calories from fat	5	
Vitamin A (from Natural mixed carotenoids).....	5000 IU	100%
Vitamin C (as Calcium ascorbate, Potassium ascorbate, Ascorbyl palmitate).....	194 mg	320%
Vitamin D3 (as Cholecalciferol).....	500 IU	130%
Vitamin E (as D-alpha tocopheryl succinate).....	100 IU	330%
Vitamin K2 (as Menaquinone).....	180 mcg	230%
Thiamin (as Thiamin hydrochloride).....	10 mg	670%
Riboflavin (as Riboflavin-5-phosphate).....	10 mg	590%
Niacin (as Nicotinic acid, Niacinamide, Chromium nicotinate).....	26 mg	130%
Vitamin B6 (as Pyridoxal-5-phosphate).....	8 mg	400%
Folic Acid.....	300 mcg	80%
Vitamin B12 (as Cobamide).....	25 mcg	420%
Biotin.....	400 mcg	130%
Pantothenic acid (as Calcium pantothenate).....	41 mg	410%
Calcium (as Calcium citrate, Calcium ascorbate, Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Calcium pantothenate).....	63 mg	6%
Phosphorus (as Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Riboflavin-5-phosphate, Pyridoxal-5-phosphate).....	21 mg	2%
Iodine (as Potassium iodide).....	150 mcg	100%
Magnesium (as Magnesium citrate, Magnesium stearate, Calcium magnesium inositol hexaphosphate).....	65 mg	15%
Zinc (as Zinc citrate).....	9 mg	60%
Selenium (as L-selenomethionine).....	100 mcg	140%

	Amount Per Serving	% Daily Value*
Manganese (as Manganese citrate).....	2 mg	100%
Chromium (as Chromium nicotinate).....	106 mcg	90%
Molybdenum (as Sodium molybdate).....	64 mcg	90%
Potassium (as Tripotassium citrate, Potassium ascorbate, Potassium iodide).....	44 mg	2%
MSM (Methyl sulfonyl methane).....	99 mg	**
Choline bitartrate.....	93 mg	**
Green tea extract.....	60 mg	**
Inositol (as Inositol & Inositol hexaphosphate).....	59 mg	**
Alpha lipoic acid.....	50 mg	**
Bacopa extract (leaf).....	50 mg	**
Black cumin extract (seed).....	50 mg	**
PABA (p-Aminobenzoic acid).....	50 mg	**
Soy lecithin.....	50 mg	**
Betain HCL.....	49 mg	**
Ginkgo extract (leaf).....	40 mg	**
Horsetail extract (stem & leaf).....	40 mg	**
Beta glucan (from Yeast).....	35 mg	**
Dimethyl glycine hydrochloride.....	30 mg	**
Mineral sea salts.....	30 mg	**
5-Hydroxytryptophan (from Griffonia simplicifolia, seed).....	29 mg	**
N-acetyl L-cysteine.....	29 mg	**
N-acetyl glucosamine (from Crustacean shell).....	29 mg	**
Turmeric extract (root).....	20 mg	**
SAME (from 29 mg S-adenosylmethionine tosylate).....	15 mg	**
Coenzyme Q-10.....	14 mg	**
Alfalfa extract (aerial parts).....	10 mg	**
Isoflavones (from Soybean).....	10 mg	**
Luteolin (from Peanut shell).....	9 mg	**
Piperine (from Black pepper).....	9 mg	**
Trans-resveratrol (from Japanese knotweed, root).....	7 mg	**
ATP (Adenosine triphosphate, from Yeast).....	5 mg	**
Red clover extract (aerial parts).....	5 mg	**

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Policosanol (from Sugar cane).....	4 mg	**
Tocotrienol/tocopherol complex (Tocomin®) from Palm tree oil).....	2 mg	**
Lycopene (from Tomato).....	900 mcg	**
Boron (as Boron citrate).....	720 mcg	**
Amino Acid Blend.....	399 mg	**
L-histidine HCL, L-arginine HCL, L-tyrosine, L-carnosine, L-methionine, Reduced L-glutathione		
Female Health Support Blend.....	340 mg	**
Dong quai extract (root), Feverfew extract (leaf), Wild yam extract (root), Chasteberry extract		
Enzyme Blend.....	125 mg	**
Bromelain (from Pineapple stem), Nattokinase protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger)		
Eye Health Blend.....	13 mg	**
Rutin (from Saphorae japonica, bud), Lutein (from Aztec marigold, flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec marigold, flower)		
* Percent daily values are based on a 2000 calorie diet ** Daily value not established		
Other Ingredients: Microcrystalline cellulose, Dextrose, Enteric coating (Purified water, Ethylcellulose, Ammonium hydroxide, Medium chain triglycerides, Oleic acid, Sodium carboxymethyl cellulose, Taic, Polydextrose), Maltodextrin, Sodium carboxymethyl cellulose, Silicon dioxide.		
Contains ingredients derived from soy, peanut and shellfish Does not contain gluten or dairy		
Xtend-Life Natural Products (Int'l) Ltd. 12 Mary Muller Drive, PO Box 19640, Christchurch 8241, New Zealand. Tel: USA / Canada 1-888-487-9304, International: +64 (3) 384 2116 Made in New Zealand		