swanson.com or call 1-800-437-4148

- Includes more than 100% of the RDI of vitamin C to support a healthy defense system**
- Antioxidant that helps protect cellular components from oxidative stress**
- Vital nutrient is a cofactor in numerous enzymatic functions in the body supporting cellular health**

Suggested use: As a dietary supplement, chew two gummies per day. Chew thoroughly before swallowing. Gummies may stick together, but this does not affect the potency, quality or efficacy of the product.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





Supplement Facts

Serving Size 2 Gummies Servings Per Container 30

Amount Per Serving	%D	aily Value
Calories	20	
Total Carbohydrates	5 g	2%†
Total Sugars	4 g	*
Includes 4 g Added	Sugars	8%
Vitamin C (as ascorbic acid)	250 mg	278%
Sodium	15 mg	1%

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Cane sugar, organic tapioca syrup, water, annatto extract (color), natural lemon, natural orange and natural flavors, pectin, sodium citrate.

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