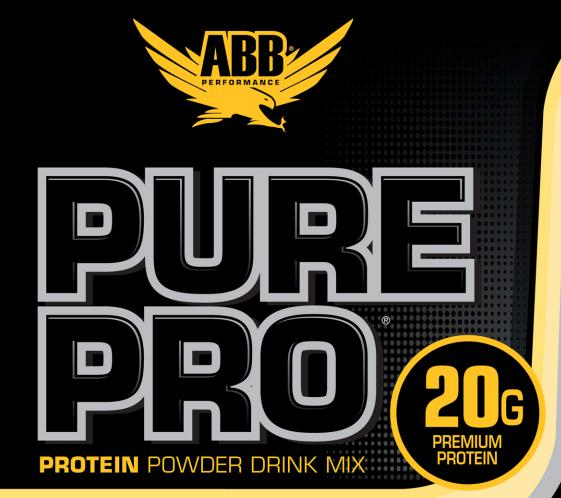


# **PROTEIN POWDER DRINK MIX**

**ONE OF THE MOST CONFUSING ASPECTS** of any athlete's nutrition plan is which protein to use and when. ABB's answer is a smooth drinking blend of proteins you can mix up anytime of the day or night to support lean muscle recovery goals. This amino-rich milkshake tasting treat is ideal first thing in the morning, pre- or post-workout, between meals or before bed. With Pure Pro®, anytime's the right time to power up with protein.

- 20 G Protein
- Instantized for Easy Mixing
- Low Levels of Fat





**VANILLA** Natural & Artificial Flavors

#### **Nutrition Facts** Servings Per Container 60 Amount Per Serving Calories 140 Calories from Fat 2 % Daily Value\* Total Fat 2.50 Saturated Fat 10 Trans Fat 0a Cholesterol 65mg 22% Sodium 180ma Total Carbohydrate 80 Dietary Fiber 0g Sugars 5g Protein 20a Vitamin C 09 our calorie needs: Sat. Fat Cholesterol Less than 300mg 300mg 2,400ma 2.400ma Sodium Total Carbohydrate 300g Dietary Fiber 25g Protein Calories per gram:

and Artificial Flavors, Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Lecithin, Gum Blend (Cellulose Gum. Xanthan Gum. Carrageenan). Salt. Acesulfame

ALLERGEN INFORMATION: CONTAINS MILK, SOY (LECITHIN), AND EGG

### **DIRECTIONS**

- Pour 6-8 oz (180 240 mL) of water, low-fat milk or your favorite beverage into a glass
- Mix in 1 scoop of Pure Pro® Powder
- Stir clockwise & counter-clockwise until thoroughly mixed

## **ADVANCED OPTIONS**

- Use a shaker cup for faster, easier mixing
- Add in fresh or frozen fruit, nuts and other ingredients using an electric blender
- Stack Pure Pro® Powder with Gluta-Force® and/or Crea-Force® to create an even more powerful muscle recovery shake

# SUGGESTED USE

You can also mix up a Pure Pro® Powder shake between meals or before bed to help reach your daily protein target.

**NOTICE:** USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

INTENDED FOR HEALTHY ADULTS OVER THE AGE OF 18. STORE IN A COOL. DRY PLACE. CONTENTS SOLD BY WEIGHT NOT VOLUME.

