

# PLANETARY<sup>®</sup>

## HERBALS

### FULL SPECTRUM<sup>™</sup>

# RHODIOLA ROSEA

# EXTRACT

ADAPTOGEN FOR PHYSICAL & MENTAL STAMINA\*  
327 MG • 60 TABLETS

HERBAL SUPPLEMENT

Approved by  
Michael Tierra L.Ac, O.M.D

*Michael Tierra*

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 30

	Amount Per Serving	%DV
Calcium (as dibasic calcium phosphate)	29 mg	2%
Rhodiola rosea Root Extract (standardized to 0.8% salidroside & 0.8% rosavins)	655 mg	†

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, sorbitol, stearic acid, silica, modified cellulose gum, and magnesium stearate.

**Suggested Use:** 2 tablets twice daily between meals.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

FULL SPECTRUM<sup>™</sup> RHODIOLA ROSEA is an extract standardized to 0.8% salidroside and 0.8% rosavins, two known active constituents. *Rhodiola rosea* is a legendary adaptogenic tonifier that comes from the polar arctic regions of eastern Siberia. Among traditional people there, it is highly valued as a strengthening tonic to increase physical and mental stamina.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:  
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