

PLANETARY[®]

HERBALS

FULL SPECTRUM™

PUMPKIN SEED OIL

BOTANICAL SUPPORT FOR THE PROSTATE*

1,000 MG • 90 SOFTGELS



HERBAL SUPPLEMENT
Approved by
Michael Tierra L.Ac, O.M.D.
Michael Tierra

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 45

	Amount Per Serving	%DV
Calories	20	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Monounsaturated	0.5 g	†
Polyunsaturated	1 g	†
Protein	1 g	2%*
Pumpkin Seed Oil	2 g	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 to 2 softgels 2 to 3 times daily.

STORE IN A COOL, DRY PLACE.

Native Americans have traditionally used pumpkin seeds to provide nourishing support to the prostate, and maintain healthy kidney function. Unlike many other pumpkin seed oil supplements, Planetary Herbals **FULL SPECTRUM™ PUMPKIN SEED OIL** is cold pressed without the use of toxic chemical solvents.*

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Natural plant variations may affect softgel color.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PF0422 REV A203

FG-108268 BEST IF USED BY 9 24

Manufactured for:
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