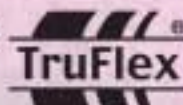


**swanson.com**  
or call 1-800-437-4148

- Nourishes cartilage, collagen and tendons
- Promotes joint health by strengthening collagen structures in connective tissues

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take two tablets one to two times per day with water before meals.

TruFlex® is a registered trademark of Swanson Health Products. 

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# MSM

## Joint Health and Mobility

1.5 grams per tablet

DIETARY SUPPLEMENT | 120 TABLETS

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 60

Amount Per Serving

TruFlex® MSM	3 g*
(methylsulfonylmethane)	

\*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol), calcium carbonate, croscarmellose sodium, magnesium stearate, silica.

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