

Freshen Up Your Immune Regimen

Add a burst of goodness to your day! Immunity Assist with C is an immune-supporting drink mix in a juicy citrus flavor. Get a potent serving of vitamin C with extra help from vitamin D, zinc and more to optimize immune system function.

KEY BENEFITS IN EVERY SERVING

Immune Support

Features immune health-supporting nutrients & antioxidants

On-the-go Nutrition

Convenient stick packs go with you to the office, the gym or anywhere

Hydrating & Revitalizing

Encourages hydration & enhances antioxidant activity in the body

Comprehensive Formula

Includes zinc, selenium, manganese, chromium & vitamin A

Supplement Facts

Serving Size 1 Stick Pack 0.28 oz (8 g)
Servings Per Container 30

| Amount Per Serving | | % Daily Value |
|---------------------------------------|------------|---------------|
| Vitamin A (as retinyl palmitate) | 90 mcg RAE | 10% |
| Vitamin C (as ascorbic acid) | 1,000 mg | 1,111% |
| Vitamin D3 (as cholecalciferol) | 40 mcg | 200% |
| Zinc (from zinc citrate) | 11 mg | 100% |
| Selenium (from sodium selenite) | 110 mcg | 200% |
| Manganese (from manganese citrate) | 0.58 mg | 25% |
| Chromium (from chromium chloride) | 100 mcg | 286% |

*Daily Value not established.

Other ingredients: Fructose, natural flavors, sodium chloride, citric acid, malic acid, beta carotene.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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SWANSON®

Immunity Assist with C Plus Vitamin D & Zinc

Immune Health

NATURAL CITRUS FLAVOR

DIETARY SUPPLEMENT
NET WT 30 — 0.28 OZ (8 G) STICK PACKS

swanson.com
or call 1-800-437-4148

- An immune supporting drink mix with natural citrus flavor
- Convenient and comprehensive vitamin and mineral immune support formula
- Immunity Assist with C delivers 1,000 mg of vitamin C with 1,600 IU (40 mcg) of vitamin D3 and 11 mg of Zinc

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, mix contents of one stick pack with 8 ounces of water daily. Adjust water to taste preference.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare provider before using this product.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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