

swanson.com
or call 1-800-437-4148

- Plant-based antioxidant support
- Also known as red seaweed
- Full Spectrum® whole plant formula

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule one to two times per day with water.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Full Spectrum® Irish Moss

Antioxidant Support

400 mg per capsule

HERBAL SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Irish Moss	400 mg*
(<i>Chondrus crispus</i>)	
(dried whole plant)	

*Daily Value not established.

Other ingredients: Gelatin, rice flour, magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

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