

**SUGGESTED USE:** Take 1 capsule daily with a small amount of food, or use as directed by your healthcare professional.

**CAUTION:** Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**Zinc Carnosine supports healthy stomach and intestinal mucosal lining by providing two synergistic nutrients, zinc and L-carnosine.†**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**DOES NOT CONTAIN:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

**Zinc Carnosine Meets or Exceeds cGMP Quality Standards.**



T A R G E T E D   S U P P O R T ®



Seeking Health®

Zinc Carnosine

Dietary Supplement

60 VEGETARIAN CAPSULES

# Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Zinc (as Zinc L-Carnosine)	16 mg	145%
L-Carnosine (from Zinc L-Carnosine)	56 mg	*

\*Daily Value not established.

**Other Ingredients:** Microcrystalline cellulose, vegetarian capsule (hypromellose and water), ascorbyl palmitate, and silica.

**Manufactured for and Distributed by:**

Seeking Health, LLC  
3140 Mercer Ave  
Bellingham, WA 98225  
(800) 547-9812

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**MANUFACTURED IN THE USA**  
FROM GLOBALLY SOURCED INGREDIENTS  
THIRD-PARTY INDEPENDENTLY TESTED



ZLC-60-CAPS  
REV. 100422

This package is completely recyclable