

SUGGESTED USE: Take 1 capsule with food any time of day, or use as directed by your healthcare professional. Do not take within 5 hours of bedtime as it may interfere with sleep. Capsule may be opened and sprinkled on a bite of food if lower serving is desired.

CAUTIONS: Do not use if you are using a Selective Serotonin Reuptake Inhibitor (SSRI) or if you are pregnant. Children, lactating women, those taking psychiatric or neurological medications should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach of children.

Serotonin Nutrients supports the formation and activity of healthy serotonin levels.[†]

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, artificial flavors, or artificial preservatives.

Serotonin Nutrients Meets or Exceeds cGMP Quality Standards.

Safr'Inside™ is a trademark of Active'Inside.

Curcugen® is a registered trademark of Dolcas-Biotech.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



T A R G E T E D S U P P O R T ®



SeekingHealth®

Serotonin Nutrients

Dietary Supplement

60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%DV
Vitamin B6 (as pyridoxal-5-phosphate)	10 mg	588%
Niacin (as nicotinic acid)	25 mg NE	156%
5-hydroxytryptophan (5-HTP) (from <i>Griffonia simplicifolia</i>)(seed)	50 mg	*
Inositol	350 mg	*
Saffron Extract (<i>Crocus Sativus L</i>)(stigma)(Safr'Inside™)	30 mg	*
Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(Curcugen®)	100 mg	*

*Daily Value (DV) not established.

Other Ingredients: Vegetarian capsule (hypromellose and water), ascorbyl palmitate, L-leucine, and silica.

Manufactured for and Distributed by: Seeking Health, LLC
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