

**SUGGESTED USE:** Take 1 capsule daily, or use as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**Riboflavin supports healthy energy production, methylation, MTHFR enzyme function, neurotransmitter metabolism, and the synthesis of other B vitamins.†**

**DOES NOT CONTAIN:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

**Riboflavin Meets or Exceeds cGMP Quality Standards.**

†This statement has not evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



T A R G E T E D   S U P P O R T ®



SeekingHealth®

**Riboflavin**

400 mg

**Dietary Supplement**

**60 VEGETARIAN CAPSULES**

# Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%Daily Value
Riboflavin (as riboflavin and riboflavin 5'-phosphate sodium)	400 mg	30,769%

**Other Ingredients:** Vegetarian capsule (hypromellose and water), ascorbyl palmitate, and silica.

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**Manufactured for and Distributed by:**

Seeking Health, LLC

3140 Mercer Ave

Bellingham, WA 98225

(800) 547-9812

RIBO-60-CAPS  
REV. 082521

**MANUFACTURED IN THE USA**  
FROM GLOBALLY SOURCED INGREDIENTS  
THIRD-PARTY INDEPENDENTLY TESTED

This package is completely recyclable