

visit our website at [www.swanson.com](http://www.swanson.com)

**Suggested use:** As a dietary supplement, mix one scoop (2 g) with eight ounces of water or juice. Scoop included.

**WARNING:** For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Rev 104 1320



C

from Sodium Ascorbate  
Buffered Vitamin C Powder

GENTLE ON THE STOMACH

VITAMIN SUPPLEMENT | NET WT 4.23 OZ (120 G)

## Supplement Facts

Serving Size 1 Scoop (2 g)  
Servings Per Container 60

Amount Per Serving		% Daily Value
Sodium	230 mg	10%
	(from sodium ascorbate)	
Vitamin C	1.77 g	1,967%
	(from sodium ascorbate)	

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
Fargo, ND 58104 USA • 1-800-437-4148

SW1536

