

swanson.com
or call 1-800-437-4148

- Total wellness for mind, body & home
- Unsurpassed purity & potency
- 100% money back guaranteed

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules one to two times per day with water.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking prescription medication or if you have a medical condition, especially high blood pressure.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON[®]

Ascorbyl Palmitate

Immune Support

250 mg per capsule Esterfied Vitamin C

VITAMIN SUPPLEMENT | 120 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin C	500 mg	556%
(as ascorbyl palmitate)		

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate.

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