suggested use. On an empty stomach or between meals, take 1 tsp (5 ml) by mouth. May mix in water or juice.
Use as directed by your healthcare professional. Do not take within 3 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating
Women should consult their
healthcare professional prior to use.

away from direct sunlight and out of reach by children. For maximum potency, after opening: refrigerate and use within 40 days.

provides 1,000 mg of Quali®-C vitamin C sourced from Scotland) with rose hips extract and bioflavonoids naturally found alongside vitamin C in citrus fruits. The phospholipid base is non-hydrogenated and derived from GMO-free sunflower oil-without the common use of soy.

## Quali-C

Premium vitamins by DSM — www.qualityforlife.com

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, GMO, artificial colors, or artificial flavors.

Optimal Liposomal Vitamin C Plus
Meets or Exceeds cGMP Quality Standards.



TARGETED SUPPORT®



Seeking Health®

## Optimal Liposomal Vitamin C Plus

Dietary Supplement 5 FL. OZ. (150 ML)

## Supplement Facts

Serving Size: 1 tsp (5 ml) Servings Per Container: 30

Amount Per Serving		%DV
Calories	10	
Total Carbohydrates	2 g	<1%†

Vitamin C 1,000 mg 1,111% (as sodium ascorbate, ascorbic acid)

Sodium 90 mg 4% (as sodium ascorbate)

Phosphatidylcholine 450 mg and Phosphatidylethanolamine Complex (from non-GMO Sunflower oil)

Bioflavonoid Blend 15 mg

Quercetin Dihydrate Rose Hips Extract

Hesperidin

\*Daily Value (DV) not established.

†%DV based on a 2,000 cal/day diet.

Other Ingredients: Purified water, glycerin, natural flavors, gum arabic, and potassium sorbate (0.1%, to deter spoilage).

Find Other Effective Health Products At Www.seekinghealth.com

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Seeking Health, LLC 3140 Mercer Ave Bellingham, WA 98225 (800) 547-9812

VITACP-50Z-LIPO REV. 010320

