

SUGGESTED USE: Shake lightly before each use. On an empty stomach or between meals, take 1 tsp (5 ml) by mouth. May mix in water or juice. Use as directed by your healthcare professional. Do not take within 3 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating women should consult their healthcare professional prior to use.

STORAGE: Store in a cool, dry place away from direct sunlight and out of reach of children. For maximum potency, after opening: refrigerate and use within 40 days.

Optimal Liposomal Vitamin C supports a healthy immune system.[†]

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

Optimal Liposomal Vitamin C Meets or Exceeds cGMP Quality Standards.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MANUFACTURED IN THE USA
FROM GLOBALLY SOURCED INGREDIENTS
THIRD-PARTY INDEPENDENTLY TESTED



TARGETED SUPPORT[®]



SeekingHealth[®]

Optimal Liposomal Vitamin C

1,000 mg

Natural Lemon Flavor

Dietary Supplement
5 FL OZ (150 ML)

Supplement Facts

Serving Size: 1 tsp (5 ml)

Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrates	2 g	<1%**
Vitamin C (as sodium ascorbate, ascorbic acid)	1,000 mg	1,111%
Sodium (as sodium ascorbate)	90 mg	4%
Phosphatidylcholine and Phosphatidylethanolamine Complex (from non-GMO sunflower oil)	400 mg	*

**%DV based on a 2,000 cal/day diet.

*Daily Value (DV) not established.

Other Ingredients: Purified water, organic glycerin, natural flavors, xanthan gum, gum arabic, and potassium sorbate (0.1%, to deter spoilage).

Manufactured for and Distributed by:
Seeking Health, LLC
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