

SUGGESTED USE: Add 2 scoops to 8 ounces of filtered water, your liquid of choice, or a small amount of food such as organic applesauce. For best results, take first thing in the morning on an empty stomach, or away from food, and sip slowly over 30 minutes. As this is a potent formula, you may consider starting with an initial serving of 1 scoop per day. Do not take within 3 hours of bedtime, as L-Glutamine may interfere with sleep. Use as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place. To help reduce clumping, consider refrigeration.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

Optimal GI Plus Meets or Exceeds cGMP Quality Standards.

MANUFACTURED IN THE USA
FROM GLOBALLY SOURCED INGREDIENTS
THIRD-PARTY INDEPENDENTLY TESTED



T A R G E T E D S U P P O R T ®



SeekingHealth®

Optimal GI Plus

with L-Glutamine

Natural Peach Flavor

Dietary Supplement

NET WT 232 G (8.18 OZ)

S u p p l e m e n t F a c t s

Serving Size: 2 Scoops (7.8 g) // Servings Per Container: 30

Amount Per Serving		%DV	Amount Per Serving		%DV
Calories	10		Slippery Elm (<i>Ulmus rubra</i>)(bark)	250 mg	*
Total Carbohydrates	1 g	<1%†	Quercetin (as quercetin dihydrate from <i>Dimorphandra molis</i>)(pod)	250 mg	*
Dietary Fiber	<1 g	2%†	Methylsulfonylmethane (MSM)	250 mg	*
Zinc (as Zinc L-Carnosine)	21 mg	191%	Stinging Nettle Extract (<i>Urtica dioica</i>)(leaves)(1% silica 2.5 mg)	250 mg	*
Molybdenum (as Molybdenum Glycinate Chelate§)	50 mcg	111%	Marshmallow (<i>Althaea officinalis</i>)(root)	200 mg	*
L-Glutamine	1.5 g	*	Milk Thistle Extract (<i>Silybum marianum</i>)(seeds)(80% silymarin 40 mg)	50 mg	*
N-Acetyl-D-Glucosamine	1 g	*	L-Carnosine (from Zinc L-Carnosine)	76 mg	*
Citrus Fiber (from grapefruit) (<i>Citrus paradisi</i>)(whole fruit pectin)	1 g	*	Glucoraphanin (from broccoli seed extract) (<i>Brassica oleraceae</i>)(seed)(TrueBroc®)	18 mg	*
Deglycyrrized Licorice Extract (<i>Glycyrriza glabra</i>)(root)(3% glycyrrhizic acid 15 mg)	500 mg	*	Superoxide Dismutase (SOD) (from Extramel® M Melon Extract) (<i>Cucumis melo</i>)(pulp)	7 mg (100 IU)	*
Aloe vera 200:1 Aqueous Extract (<i>Aloe barbadensis</i>)(leaf gel)	350 mg	*	†Percent Daily Values (DV) are based on a 2,000 calorie diet.		
Cat's Claw Extract (<i>Uncaria tomentosa</i>)(bark)	350 mg	*	*Daily Value not established.		
Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% curcuminoids 250 mg)	263.2 mg	*			

Other Ingredients: Malic acid, natural flavors, and organic monk fruit extract.

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