

SUGGESTED USE: Take 5 capsules daily, away from food in divided doses, or use as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach of children.

Optimal GI supports a healthy GI mucosal lining, bowel movements, and waste elimination.[†] This formula is free of L-Glutamine for those who do not tolerate it.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

Optimal GI Meets or Exceeds cGMP Quality Standards.

[§]TRAACS[™] is a trademark of Albion Laboratories, Inc.

TrueBroc[®] is protected by trademarks and patents of Brassica Protection Products LLC: www.brassica/ip

GI-150-CAPS REV. 010522

MANUFACTURED IN THE USA
FROM GLOBALLY SOURCED INGREDIENTS
THIRD-PARTY INDEPENDENTLY TESTED



T A R G E T E D S U P P O R T [®]



SeekingHealth[®]

Optimal GI

Dietary Supplement

150 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 5 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%**
Dietary Fiber	1 g	4%**
Zinc (as Zinc L-Carnosine)	10.5 mg	95%
Molybdenum (as Molybdenum Glycinate Chelate [§])	35 mcg	78%
N-Acetyl-D-Glucosamine	500 mg	*
Citrus Fiber	500 mg	*
Deglycyrrhizinated Licorice Extract (<i>Glycyrrhiza glabra</i>)(root)(3% glycyrrhiznic acid 7.5 mg)	250 mg	*
Aloe Vera 200:1 Extract (<i>Aloe barbadensis</i>)(leaf gel)	175 mg	*
Cat's Claw Extract (<i>Uncaria tomentosa</i>)(bark)	175 mg	*
Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% curcuminoids 118 mg)	125 mg	*
Stinging Nettle Extract (<i>Urtica dioica</i>)(aerial parts)(1% silica 1 mg)	125 mg	*
Slippery Elm (<i>Ulmus fulva</i>)(bark)	125 mg	*
Quercetin (as quercetin dihydrate from <i>Saphora japonica</i>)	125 mg	*
Methylsulfonylmethane (MSM)	125 mg	*
Marshmallow (<i>Alethaea officinalis</i>)(root)	100 mg	*
L-Carnosine (from Zinc L-Carnosine)	41 mg	*
Milk Thistle Extract (<i>Silybum marianum</i>)(seeds)(80% silymarin 20 mg)	25 mg	*
Glucoraphanin (from broccoli extract)(<i>Brassica oleracea</i>)(seed)(TrueBroc [®])	9 mg	*
Extramel [®] Superoxide Dismutase [from melon (<i>Cucumis melo</i>)(pulp) extract]	3.5 mg (49 IU)	*

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value (DV) not established.

Other Ingredients: Vegetarian capsule (hypromellose and water), microcrystalline cellulose, ascorbyl palmitate, and silica.

Manufactured for and Distributed by: Seeking Health, LLC
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