

SUGGESTED USE: Add 1 scoop to 8 ounces of purified water. Do not take within 5 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep tightly closed in a cool, dry place. To help reduce clumping, consider refrigeration.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

Optimal Electrolyte Meets or Exceeds cGMP Quality Standards.

 § Albion™, Creatine MagnaPower™, and the Albion Gold Medallion design are trademarks of Albion Laboratories, Inc.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



T A R G E T E D S U P P O R T ®



SeekingHealth®

Optimal Electrolyte

Supports Hydration & Energy†

Seltzer

Dietary Supplement

NET WT 210 G (7.41 OZ)

Supplement Facts

Serving Size: 1 Scoop (7.00 g) / Servings Per Container: 30

	Amount Per Serving	DV%
Calories	15	
Total Carbohydrates	4 g	1%†
Total Sugars	2 g	
Includes 2g added sugars	2 g	4%
Niacin (as inositol hexanicotinate)	25 mg	156%
Magnesium [as DiMagnesium Malate and magnesium creatine chelate [§] (Creatine MagnaPower™)]	150 mg	36%
Sodium (as sodium bicarbonate)	140 mg	6%
Potassium (as potassium bicarbonate)	510 mg	11%
D-Ribose	2 g	*
Taurine	250 mg	*
Creatine [as magnesium creatine chelate [§] (Creatine MagnaPower™)]	225 mg	*

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Malic acid and calcium silicate.

Find Other Effective Health Products At www.seekinghealth.com

Manufactured for and Distributed by:

Seeking Health, LLC
3140 Mercer Ave
Bellingham, WA 98225
(800) 547-9812

ELYTE-U30S-POW
REV. 101920

