

**SUGGESTED USE:** Take 1 capsule any time of day, with or without food, or use as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

**STORAGE:** Keep closed in a cool, dry place away from direct sunlight at controlled room temperature. Keep out of reach by children.

**DOES NOT CONTAIN:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

**Optimal CoQ10 Meets or Exceeds cGMP Quality Standards.**

hydroQsorb® is a registered trademark of Tishcon Corp.

**MANUFACTURED IN THE USA**  
FROM GLOBALLY SOURCED INGREDIENTS  
THIRD-PARTY INDEPENDENTLY TESTED



TARGETED SUPPORT®



Seeking Health®

Optimal CoQ10

100 mg

Dietary Supplement

60 VEGETARIAN CAPSULES

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Coenzyme Q10 (as hydroQsorb®)	100 mg	*

\*Daily Value not established.

**Other Ingredients:** Gamma-cyclodextrin and hypromellose.

Find Other Effective Health Products At  
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Manufactured for and Distributed by:

Seeking Health, LLC  
3140 Mercer Ave  
Bellingham, WA 98225  
(800) 547-9812

1001 1280  
EXP 10/2024

COQ-60-CAPS REV. 021221

This package is completely recyclable

