

**SUGGESTED USE:** Blend, shake, or briskly mix 1 scoop daily in filtered water or beverage of choice, or use as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

**STORAGE:** Keep closed in a cool, dry place out of reach by children.

**DOES NOT CONTAIN:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

**Magnesium Malate** provides 500 mg of magnesium per serving, in a versatile powder form. Magnesium may help support muscle relaxation and sleep when taken in the evening hours. Our combination of magnesium and malic acid may also help support healthy detoxification and elimination processes.<sup>†</sup>

**Magnesium Malate Meets or Exceeds cGMP Quality Standards.**

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



T A R G E T E D   S U P P O R T <sup>®</sup>



SeekingHealth<sup>®</sup>

**Magnesium Malate**

Powder 500 mg

**Dietary Supplement**

**NET WT 8.82 OZ (250 G)**

**Supplement Facts**

Serving Size: 1 Scoop (2.5 g)

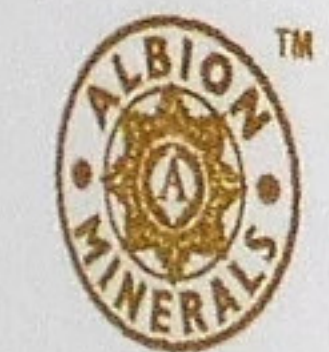
Servings Per Container: 100

	Amount Per Serving	%Daily Value
Magnesium (as DiMagnesium Malate <sup>§</sup> )	500 mg	119%

**Other Ingredients:** None.

Find Other Effective Health Products At: [www.seekinghealth.com](http://www.seekinghealth.com)

**Manufactured for and Distributed by:** Seeking Health, LLC  
3140 Mercer Ave Bellingham, WA 98225 (800) 547-9812



<sup>§</sup>Albion<sup>™</sup> and the Albion Gold Medallion design are trademarks of Albion Laboratories, Inc.

MAGN-100S-POW REV. 020521

This package is completely recyclable