

SUGGESTED USE: Take 1 capsule daily without food, or use as directed by your healthcare professional.

CAUTION: Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

Lithium Orotate Lithium Orotate supports feelings of calm and wellbeing.†

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, sesame, gluten, GMO, artificial colors, or artificial flavors.

Lithium Orotate Meets or Exceeds cGMP Quality Standards.

MANUFACTURED IN THE USA
FROM GLOBALLY SOURCED INGREDIENTS
THIRD-PARTY INDEPENDENTLY TESTED



T A R G E T E D S U P P O R T ®



SeekingHealth®

Lithium Orotate
5 mg

Dietary Supplement

100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 100

	Amount Per Serving	%Daily Value
Lithium (as lithium orotate)	5 mg	*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, vegetarian capsule (hypromellose and water), ascorbyl palmitate, L-leucine, and silica.

Manufactured for and Distributed by:

Seeking Health, LLC

3140 Mercer Ave

Bellingham, WA 98225

(800) 547-9812

Find Other Effective Health Products At

www.seekinghealth.com

LITH-100-CAPS REV. 013123



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