

**SUGGESTED USE:** Take 1 lozenge daily, or use as directed by your healthcare professional. Lozenge may be broken into smaller pieces if lower potency is desired. Do not take within 5 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**Hydrox-Adeno B12 supports healthy blood cells, energy production, and methylation processes using two non-methylated forms of vitamin B12.†**

**DOES NOT CONTAIN:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

**Hydrox-Adeno B12 Meets or Exceeds cGMP Quality Standards.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



T A R G E T E D   S U P P O R T ®



SeekingHealth®

**Hydrox-Adeno B12**

2,000 mcg

**Dietary Supplement**

**60 LOZENGES**

**Supplement Facts**

Serving Size: 1 Lozenge  
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Vitamin B12 (as hydroxocobalamin and adenosylcobalamin)	2,000 mcg	83,333%

**Other Ingredients:** Xylitol, natural cherry flavor, ascorbyl palmitate, malic acid, and silica.

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[www.seekinghealth.com](http://www.seekinghealth.com)



**Manufactured for and Distributed by:**  
Seeking Health, LLC  
3140 Mercer Ave  
Bellingham, WA 98225  
(800) 547-9812

HYAB12-60-LOZ  
REV. 082521

**MANUFACTURED IN THE USA**  
FROM GLOBALLY SOURCED INGREDIENTS  
THIRD-PARTY INDEPENDENTLY TESTED

This package is completely recyclable