

SUGGESTED USE: Take 1 capsule, 1 to 2 times daily, or use as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach of children.

This product contains a mixture of two important dietary indoles, indole-3-carbinol (I3C) and diindolylmethane (DIM). Since I3C undergoes biochemical transformation to related indole metabolites, broad-spectrum indoles may be present upon ingestion.

DIM + I3C supports healthy estrogen metabolism.[†]

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

DIM + I3C Meets or Exceeds cGMP Quality Standards.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MANUFACTURED IN THE USA
FROM GLOBALLY SOURCED INGREDIENTS
THIRD-PARTY INDEPENDENTLY TESTED

DIM-60-CAPS
REV. 021022



T A R G E T E D S U P P O R T[®]



SeekingHealth[®]

DIM + I3C
with PQQ

Dietary Supplement

60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

	Amount Per Serving	%DV
I3C (indole-3-carbinol)	200 mg	*
DIM (diindolylmethane)	200 mg	*
LifePQQ [™] Pyrroloquinoline Quinone Disodium Salt	4 mg	*

*Daily Value (DV) not established.

Other Ingredients: Vegetarian capsule (hydroxypropyl methylcellulose and water) and L-leucine.

LifePQQ[™] is a trademark of
Nutraland USA, Inc.



Manufactured for and Distributed by:

Seeking Health, LLC
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