

SUGGESTED USE: Take 1 capsule daily with food, or use as directed by your healthcare professional. Do not take within 5 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach of children.

B Minus is a B complex free of B12 and folate, allowing for customized dosing of these two essential vitamins.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

B Minus Meets or Exceeds cGMP Quality Standards.

MANUFACTURED IN THE USA
FROM GLOBALLY SOURCED INGREDIENTS
THIRD-PARTY INDEPENDENTLY TESTED

BMINUS-100-CAPS-A REV. 111721



810007520193

TARGETED SUPPORT®



SeekingHealth®

B Minus

Free of B12 & Folate

Dietary Supplement

100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 100

| | Amount Per Serving | %DV |
|---|--------------------|--------|
| Thiamin (as thiamine hydrochloride) | 25 mg | 2,083% |
| Riboflavin (as riboflavin 5'-phosphate sodium) | 20 mg | 1,538% |
| Niacin (as inositol hexanicotinate and nicotinic acid) | 50 mg NE | 313% |
| Vitamin B6 (as pyridoxal 5'-phosphate) | 20 mg | 1,176% |
| Biotin | 500 mcg | 1,667% |
| Pantothenic Acid (as d-calcium pantothenate) | 150 mg | 3,000% |

*Daily Value (DV) not established.

Other Ingredients: Vegetarian capsule (hypromellose and water), microcrystalline cellulose, ascorbyl palmitate, and L-leucine.

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Manufactured for and Distributed by:

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