



60 Tablets | DIETARY SUPPLEMENT

ADULT'S CHEWABLE

Multivitamin & Mineral

Exotic Red Berry Flavor
with other natural flavors

NaturesPlus®

DIRECTIONS: One tablet daily.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	%Daily Value
Calories	10
Total Carbohydrate	3 g .1%**
Total Sugars	2 g .3%**
Includes 1.6g Added Sugars	
Vitamin A (as beta carotene)	1500 mcg (5000 IU) .167%
Vitamin C (as ascorbic acid)	150 mg .167%
Vitamin D3 (as vegan cholecalciferol) ..	10 mcg (400 IU) .50%
Vitamin E (as d-alpha tocopheryl acetate)	67 mg (100 IU) .447%
Thiamin (vitamin B1) (as thiamine HCl) ..	15 mg .1250%
Riboflavin (vitamin B2)	15 mg .1154%
Niacin (as niacinamide)	25 mg NE .156%
Vitamin B6 (as pyridoxine HCl)	15 mg .882%
Folate (as calcium-L-5-methyltetrahydrofolate)	167 mcg DFE .42%
	(100 mcg L-methylfolate)
Vitamin B12 (as methylcobalamin)	15 mcg .625%
Biotin	20 mcg .67%
Pantothenic Acid (as calcium pantothenate)	20 mg .400%
Iron (as gluconate)	5 mg .28%
Iodine (as potassium iodide)	100 mcg .67%
Magnesium (as gluconate)	1 mg .<1%
Zinc (as gluconate)	0.325 mg .3%
Copper (as gluconate)	0.05 mg .6%

Continued on back of label.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ for NaturesPlus
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PRODUCT NO. 30871



LBL 1141683

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Manganese (as gluconate) 0.017 mg <1%

Red Whole Food Blend: Beet, fructooligo- 50 mg †
saccharides, pomegranate, goji, noni, mangosteen, açai (cabbage palm),
cranberry, red raspberry, red grape, tomato, strawberry, black currant,
red bell pepper, bilberry, blueberry, elderberry, nopal cactus, carrot, green
tea leaf, turmeric root and rhizome, fenugreek seed, apple, apricot, orange,
peach, plum, pear, guava, pineapple, watermelon, mango, pea, black raspberry,
cellulase, pectinase, xylanase and hemicellulase
Lecithin (from soy) 25 mg †
Hesperidin Complex (from *Citrus sinensis*) 5 mg †
Betaine HCl 5 mg †
Rutin (from *Sophora japonica* flower bud) 2.5 mg †
Bioflavonoid Complex (from *Citrus limon* exocarp) 2.5 mg †
PABA (para-aminobenzoic acid) 2.5 mg †
Inositol 2.5 mg †

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Sucrose, vegetable cellulose, silica, natural flavors (cherry, raspberry), magnesium stearate, calcium carbonate, citric acid, ferrous fumarate, beet juice, zinc oxide, magnesium oxide, rice bran and rose hips (*Rosa canina* fruit).