

NaturesPlus®

CHILDREN'S VITA-GELS Multivitamin



180 Softgels | DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
	Children 1-3 Years**	Adults & Children ≥ 4 Years***
Vitamin A 1500 mcg RAE (5000 IU) ...	500%	167%
(as beta carotene)		
Vitamin C 50 mg ...	333%	56%
(as ascorbic acid)		
Vitamin D 5 mcg (200 IU) ...	33%	25%
(as ergocalciferol)		
Vitamin E (as d-alpha ... 16 mg (25 IU) ...	267%	107%
tocopheryl acetate)		
Thiamin (vitamin B1) 5 mg ...	1000%	417%
(as thiamine HCl)		
Riboflavin (vitamin B2) 5 mg ...	1000%	385%
Niacin (as niacinamide) 10 mg NE ...	167%	63%
Vitamin B6 (as pyridoxine HCl) 5 mg ...	1000%	294%

LBL 1143355

Amount Per Serving

Folate (as folic acid) 17 mcg DFE.....	11%	4%
(10 mcg folic acid)		
Vitamin B12 (as methylcobalamin) 10 mcg.....	1111%	417%
Biotin 50 mcg.....	625%	167%
Pantothenic Acid (as calcium pantothenate) 10 mg.....	500%	200%
Iron (as gluconate)..... 5 mg 71%		28%
Iodine (from kelp, potassium iodide)..... 100 mcg.....	111%	67%
Inositol 1 mg..... †		†
PABA (para-aminobenzoic acid) 0.6 mg..... †		†

** Percent Daily Values are based on a 1,000 calorie diet. *** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Gelatin, soybean oil, glycerin, soy lecithin, purified water, yellow beeswax, calcium gluconate, sunflower seed oil, choline bitartrate, potassium gluconate, orange oil, ethyl vanillin, magnesium gluconate, zinc gluconate and manganese gluconate.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ for NaturesPlus
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PRODUCT NO. 2999



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