



Selenium (amino acid chelate)	100 mcg	143%
Copper (gluconate)	2 mg	100%
Manganese (amino acid chelate)	3 mg	150%
Chromium (amino acid chelate)	100 mcg	83%
Potassium (citrate)	100 mg	3%
Inositol	50 mg	*
p-Aminobenzoic Acid (PABA)	25 mg	*
Choline (bitartrate)	50 mg	*
Lycopene	1000 mcg	*

*Daily Value not established

Other Ingredients: Cellulose (plant fiber), stearic acid, magnesium stearate (vegetable), Lutein (from marigold petals (*Tagetes erecta*)), silicon dioxide (powdered silica), Alfalfa aerial parts (*Medicago sativa*), Asparagus stem (*Asparagus officinalis*), Broccoli flowers (*Brassica oleracea* var. botrytis), Cabbage leaves (*Brassica oleracea* var. capitata), Hesperidin bioflavonoid extract, Lemon bioflavonoid extract, Rutin, Rose Hips extract (*Rosa canina*), Kelp leaf and stem (*Ascophyllum nodosum*, *Laminaria digitata*).

Vital Nutrition Support
GUARANTEED PURE

Recommendation: Take four tablets daily with a meal. These can be taken one at a time with meals and at bedtime.

This bottle was sealed for your protection. Do not use if inner seal is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

Product of U.S.A.



SUPER SUPPLEMENTAL

A special blend of vitamins, minerals, and a complement of herbs

Without Iron

Dietary Supplement
120 TABLETS

Stock No. 1809-0
NATURE'S SUNSHINE PRODUCTS, INC.
Spanish Fork, Utah 84660 1-800-223-8225
www.naturesunshine.com ©2011

Supplement Facts

Serving Size 4 Tablets
Servings Per Container 30

Amount Per 4 Tablets	%Daily Value
Vitamin A (palmitate, 50% as beta-carotene)	16,000 IU 320%
Vitamin C (ascorbic acid)	500 mg 830%
Vitamin D ₃ (cholecalciferol)	600 IU 150%
Vitamin E (d-alpha tocopherol from soy)	100 IU 333%
Vitamin B ₁ (thiamine)	25 mg 1667%
Vitamin B ₂ (riboflavin)	20 mg 1176%
Niacin (niacinamide)	60 mg 300%
Vitamin B ₆ (pyridoxine HCl)	30 mg 1500%
Folic Acid	400 mcg 100%
Vitamin B ₁₂ (cyanocobalamin)	100 mcg 1667%
Biotin	300 mcg 100%
Pantothenic Acid (d-calcium pantothenate)	150 mg 1500%
Calcium (di-calcium phosphate, calcium citrate, amino acid chelate)	400 mg 40%
Phosphorus (di-calcium phosphate)	220 mg 22%
Iodine (potassium iodide)	200 mcg 130%
Magnesium (oxide, amino acid chelate)	400 mg 100%
Zinc (gluconate)	30 mg 200%

LOT:
Full Potency Through: