

C4 ULTIMATE®#1 GLOBAL
PRE-WORKOUT
BRAND†**SUGGESTED USE:**

Take each serving (approx. 1 scoop) of C4 Ultimate® with 12 fl. oz. of water and consume 20-30 minutes before training. *Studies have shown benefits of CarnoSyn® Beta-Alanine to be correlated with cumulative use. Some individuals may experience a harmless tingling sensation, which is attributable to Beta-Alanine.

WARNING:

THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use if pregnant, nursing, or currently taking PDE-5 inhibitors or nitrates for chest pain. Do not take this product before first consulting a licensed, qualified, health care professional if you are taking any other dietary supplement, prescription drug, or over-the-counter medication; or if you suspect you have or have been treated for, diagnosed with, or have a family history of any medical condition. This product contains caffeine and should not be used by individuals wishing to eliminate caffeine from their diet or in combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use this product continuously for more than 8 weeks. Do not use if the safety seal is broken or missing. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN.



† Based on cumulative sales from 2016 to the present.

Made in the U.S.A. using strategically sourced domestic and foreign ingredients and components.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ULTIMATE®
PRE-WORKOUT**ULTIMATE ENERGY+
ALERTNESS*****ULTIMATE PUMP+
PERFORMANCE*****ULTIMATE MUSCULAR
ENDURANCE******ARCTIC SNOW CONE**
NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT / NET WT 324g (11.4 OZ)

20
SERVINGS**C4 ULTIMATE® IS FORMULATED TO POWER YOUR MOST STRENUOUS MOMENTS OF PHYSICAL PERFORMANCE*****ULTIMATE ENERGY+
ALERTNESS***

Fuel your ultimate workout with 300 mg of Caffeine*

**ULTIMATE PUMP+
PERFORMANCE***

Drive the ultimate pump & performance with three forms of Citrulline and Dual Creatines*

**ULTIMATE MUSCULAR
ENDURANCE**^**

Power strenuous training with CarnoSyn® Beta-Alanine, which helps combat muscular fatigue and support muscular endurance**^



SCAN TO LEARN
MORE ABOUT THE
C4® EXPERIENCE

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SUPPLEMENT FACTS

Serving Size: 16.2g (Approx. 1 scoop)
Servings Per Container: 20

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	1g	<1%**
Total Sugars	0g	
Calcium	80mg	6%
C4® Super Citrulline Pump Matrix	6g	†
L-Citrulline	4g	
Citrulline Nitrate (NO3-C)	1g	
Citrulline Malate	1g	
CarnoSyn® Beta-Alanine	3.2g	†
CON-CRET® Creatine HCl	1g	†
Creatine Nitrate (as NO3-T®)	1g	†
Taurine	1g	†
Caffeine Anhydrous	300mg	†
AlphaSize® 50% Alpha-Glycerolphosphorylcholine	200mg	†
Theacrine (as TeaCrine®)	62.5mg	†
Toothed Clubmoss (<i>Huperzia serrata</i>) whole plant (std. Huperzine A)	5mg	†
<i>Rauwolfia vomitoria</i> root bark extract	1mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Calcium Silicate, Natural & Artificial Flavors, Silicon Dioxide, Citric Acid, Acesulfame Potassium, Sucralose, Malic Acid, FD&C Blue #1.

CarnoSyn
Carnosine Synthesizer

Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

CON-CRET
Creatine

Con-Cret Reinforced® is a registered trademark of Vireo Systems, Inc. and covered by one or more patents. www.vireosystems.com/patents

NO3-T
Nitrate

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AlphaSize
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