

Get Restful Sleep

Sleep™ is a complete solution for restful sleep. It supports relief from everyday stress & promotes quality rest. It is enhanced with 400 mg of PerfectAmino® per serving.

Directions: Take up to three capsules prior to night's sleep. Scan the QR code to learn more or visit BodyHealth.com

WARNING: KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN BEFORE USING THIS OR ANY PRODUCT IF YOU ARE PREGNANT, NURSING, OR UNDER MEDICAL SUPERVISION.

BODYHEALTH® SLEEP

ENHANCED WITH
PERFECT AMINO®
The 8 Essential Amino Acids
Optimized for Maximum Utilization*

Supports the body's calming hormones & neurotransmitters that aid restorative sleep*

VEGAN DIETARY SUPPLEMENT - 90 CAPSULES

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 30

	Amount per serving	
Vitamin C (as Ascorbic Acid)	10mg	11%
Vitamin B6 (as Pyridoxal 5-Phosphate) (PSP)	2 mg	118%
Taurine	700mg	**
L-Theanine	400 mg	**
L-Glycine	250 mg	**
5-HTP (L-5-hydroxytryptophan)	100 mg	**
L-Glutamine	50 mg	**
Melatonin (N-Acetyl-5-methoxytryptamine)	3 mg	**
PerfectAmino® Amino Acid Blend	400mg**	
L-Leucine, L-Valine, L-Isoleucine, L-Lysine HCl, L-Phenylalanine, L-Threonine, L-Methionine, L-Tryptophan		

** Daily value not established

Other Ingredients: Vegetable Cellulose (capsule).

Manufactured in a CGMP certified facility. Store in a cool, dry place with the lid tightly closed. Refrigerate after opening.

Manufactured for BodyHealth.com, LLC
745 Main Street, Dunedin, FL 34698 877-804-3258

Non-GMO • Gluten, Dairy & Sugar Free
Paleo & Keto-Friendly • Plant Based



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.