

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



HIGH ABSORPTION

Magnesium

Glycinate

200 mg
per serving

Chelated
—
Gentle on the
stomach

60 CAPSULES

Supports muscle
relaxation, heart,
nerve and bone
health†

Dietary Supplement

This product is not intended to diagnose, treat, cure or prevent any disease.

SCAN FOR MORE INFORMATION



SUGGESTED USE:

Adults, take 2 capsules daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you have kidney disease or are taking any medication, consult your physician before use.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Magnesium (as Magnesium Bisglycinate) 200 mg	48%

OTHER INGREDIENTS: Hypromellose, Magnesium Stearate, Cellulose Gel, Silicon Dioxide.

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Encapsulated and quality tested in the USA.

Made to our guaranteed purity and potency standards.

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp.: