



A PROFILE OF VITAL NUTRIENTS

ESSENTIAL VITAMIN - FORMULA™ -

DIETARY SUPPLEMENT

SUPPLEMENT FOR VITALITY

150 TABLETS

Supplement Facts

Serving Size 1 Tablet

Servings Per Container: 150

Amount Per Serving	%Daily Value	
Vitamin A (beta-carotene / palmitate)	6000 IU	120%
Vitamin C (ascorbic acid)	500mg	833%
Vitamin D-2 (ergocalciferol)	200 IU	50%
Vitamin E (d-Alpha tocopheryl succinate)	30 IU	100%
Vitamin B-1 (thiamine mononitrate)	25mg	1667%
Vitamin B-2 (riboflavin)	25mg	1471%
Niacin (niacinamide)	25mg	125%
Vitamin B-6 (pyridoxine HCl)	25mg	1250%
Folic Acid	100mcg	25%
Vitamin B-12 (cyanocobalamin)	100mcg	1667%
Biotin	100mcg	33%
Pantothenic Acid (d-calcium pantothenate)	25mg	250%
Choline Bitartrate	25mg	*
Inositol	25mg	*
PABA (para-Aminobenzoic Acid)	25mg	*
Lemon Bioflavonoids	25mg	*
Rutin	25mg	*
Hesperidin	25mg	*

*Daily Value not established.

Other Ingredients: Calcium carbonate, vegetable stearic acid, microcrystalline cellulose, croscarmellose sodium, vegetable magnesium stearate, hydroxypropyl methylcellulose, and silicon dioxide.

ALLERGEN WARNING: CONTAINS SOY.

SUGGESTED USE: 1 tablet taken daily preferably with a meal or as directed by a healthcare professional.