



Magnesium Tablets

300 mg/serving

Supercharged with Ionic Trace Minerals

Heart[†] - Cells[†] - Muscles[†] - Bones[†] -
Nerves[†] - Energy[†] - Immunity[†]

DIETARY SUPPLEMENT • 60 tablets

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	2g	1%*
Magnesium (from Mag. Chloride from ITM, Mag. Citrate, Mag. Glycinate, Mag. Taurinate)	300mg	71%
Chloride (from ITM)	150mg	7%
Ionic Trace Minerals (ITM)	1g	**
A concentrated complex of full spectrum ionic trace minerals.		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Hypromellose, microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, Carbowax™.

NO KNOWN ALLERGENS. GLUTEN FREE.

Trace Minerals®

P.O. Box 429 • Roy, Utah 84067 • USA
(801) 731-6051 • www.traceminerals.com

LOT#/BEST BY DATE ON BOTTOM OF BOTTLE.



r-M1Y21

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*Source: SPINScan Natural Channel
52 weeks ending 7/12/20.

Suggested Use: Take 2 tablets daily at mealtime for best results. Magnesium is the fourth most abundant mineral in the human body. It's responsible for over 300 biochemical responses in the body. It fuels digestive enzymes and helps the body effectively utilize carbohydrates, proteins, and fats.[†] However, research has shown that many American diets are deficient in magnesium.[†] Magnesium Tablets is a carefully formulated blend of complementary sources of magnesium that help maintain healthy levels of magnesium in your body for optimum health and wellness.[†] We also added Ionic Trace Minerals for healthy body mineral balance.[†]

JOIN US ON SOCIAL MEDIA!
Giveaways, recipes, health tips & more!

Magnesium 300mg 60 tab

