



VITASPECTRUM® CAPSULE FORMULA

MULTIPLE VITAMIN/MINERAL/
TRACE ELEMENT SUPPLEMENT

IRON AND COPPER FREE
GLUTEN AND CASEIN FREE

180 VEGETARIAN
CAPSULES



Supplement Facts

Serving Size 6 Capsules • Servings Per Container 30

Amount Per 6 Capsules	% Daily Value
Vitamin A (100% as natural carotenes (beta-carotene, alpha-carotene and beta-cryptoxanthin) from <i>D. salina</i>)	1,650 mcg RAE 183%
Vitamin C (as L-ascorbic acid)	500 mg 556%
Vitamin D ₃ (as cholecalciferol)	25 mcg 125%
Vitamin E (83% as RRR-alpha-tocopheryl acid succinate, 17% as RRR-alpha-tocopherol)	100 mg 667%
Vitamin K (as vitamin K ₂ (menaquinone -7))	60 mcg 50%
Thiamin (as thiamine mononitrate)	25 mg 2,083%
Riboflavin	15 mg 1,154%
Niacin (67% as niacinamide, 33% as niacin)	60 mg 375%
Vitamin B ₆ (67% as pyridoxine HCl, 33% as pyridoxal-5'-phosphate)	15 mg 882%
Folate (as Metafolin®† calcium L-5-methyltetrahydrofolate)	680 mcg DFE 170% (400 mcg)
Vitamin B ₁₂ (as methylcobalamin)	50 mcg 2,083%
Biotin (D-biotin)	300 mcg 1,000%
Pantothenic Acid (as calcium D-pantothenate)	50 mg 1,000%
Choline (as choline bitartrate)	75 mg 14%
Calcium (as calcium citrate-malate complex)	100 mg 8%
Iodine (from potassium iodide)	150 mcg 100%

Other ingredients: Microcrystalline cellulose, L-leucine, and vegetarian capsule (hydroxypropyl methylcellulose, water).

Manufactured by: SFI USA • Reno, NV 89521 • Klaire.com

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your physician before using this product. KEEP OUT OF REACH OF CHILDREN.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, and gluten. Contains no artificial colors, flavors, or preservatives.

Amount Per 6 Capsules	% Daily Value
Magnesium (as TRAACS® magnesium bisglycinate chelate, magnesium oxide††)	100 mg 24%
Zinc (as TRAACS® zinc bisglycinate chelate††)	15 mg 136%
Selenium (as Se-methylseleno-L-cysteine)	100 mcg 182%
Manganese (as TRAACS® manganese bisglycinate chelate††)	2 mg 87%
Chromium (as TRAACS® chromium nicotinate glycinate chelate††)	150 mcg 429%
Molybdenum (as TRAACS® molybdenum glycinate chelate††)	100 mcg 222%
Potassium (as potassium chloride)	100 mg 2%
Boron (as boron glycinate complex††)	2 mg *
Vanadium (as bisglycinato oxovanadium)(BGOV)	50 mcg *
Inositol	25 mg *
Citrus Bioflavonoids Complex (85 mg as citrus bioflavonoid extract (<i>Citrus aurantium</i>)(fruit/peel)(standardized to 50% hesperidin bioflavonoids) and 15 mg as hesperidin methyl chalcone (derived from <i>Citrus aurantium</i> extract)(fruit))	100 mg *
Natural Mixed Tocopherols (RRR-beta, RRR-delta, RRR-gamma)	4 mg *
Natural Mixed Carotenoids (lutein and zeaxanthin from <i>D. Salina</i>)	35 mcg *

*Daily Value not established.

Suggested Use: Adults or Children 4 or more years of age: 6 capsules daily with food. Children under 4 years of age: As directed by a healthcare professional.

†Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

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Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

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