



SAMe 200

200 MG
ELEMENTAL SAMe
S-ADENOSYL L-METHIONINE
DIETARY SUPPLEMENT

60 ENTERIC EXTENDED
RELEASE TABLETS
IN FOIL BLISTER PACKETS



SAMe 200

200 mg Elemental SAMe
S-Adenosyl L-Methionine
Dietary Supplement

SAMe 200 is a high-quality, stabilized SAMe manufactured under low temperature and low humidity conditions. Each tablet contains a full 200 mg of elemental SAMe from 400 mg SAMe tosylate disulfate.

These enteric extended release tablets offer improved delivery and comply with or exceed the standards for slow-release disintegration and extended release dissolution. Slow-release coating technology optimizes stability in the stomach and enhances direct release and absorption in the small intestine.

SAMe (S-adenosylmethionine) is a derivative of the essential amino acid L-methionine and is formed by combining ATP with L-methionine. SAMe is a chiral molecule and consists of two stereoisomers: (S,S) and (R,S). This SAMe has a high level (65%) of the (S,S) isomer, the biologically active form.

SAMe has a long history of clinical use with proven benefits for brain metabolism, joint function, and liver detoxification.† Some of the reported beneficial actions of SAMe include:

Joint and Connective Tissue Strength

SAMe supports production of healthy connective tissue and joint structures by contributing its sulfur component for transsulfuration processes that help form glucosamine and chondroitin sulfates, critical components of connective tissues.†

Brain Metabolism

SAMe serves as a major source of methyl groups used by the brain in the synthesis of neurotransmitters such as serotonin, L-dopa, dopamine, and related hormones involved in mood regulation.†

Liver Function

Metabolism of SAMe supports synthesis of glutathione and glutathione-dependant enzymes (glutathione peroxidase and glutathione-S-transferase), which are important antioxidants used in liver detoxification processes.†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Free of the following common allergens:
milk/casein, eggs, fish, shellfish, tree nuts,
peanuts, wheat, gluten, and soybeans.

Suggested Use: Adults: 1 tablet, 2 to 6 times daily or as directed by a healthcare professional. Do not chew or crush tablets.

SAMe 200 is provided in individual foil blister packets to maximize product stability. Do not use if outer seal of blister pack is broken.

Store in a cool, dry place (59°F-85°F) away from direct light.

Produced in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

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Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per 1 Tablet (enteric-coated)

S-Adenosyl L-Methionine	200 mg*
(from 400 mg of S-adenosyl L-methionine tosylate disulfate)	

*Daily Value not established.

Other ingredients: Microcrystalline cellulose, magnesium silicate, food glaze, magnesium stearate, stearic acid, magnesium hydroxide, glycerol, silicon dioxide, arginine, sodium alginate, and calcium oxide.

Caution: If under 18 years of age, pregnant/nursing, have a medical condition or taking a prescription medication - including those related to mood modulation - consult your physician before use. Do not exceed 1,600 mg SAMe per day (8 tablets). Do not take at night since product may cause anxiety, restlessness and insomnia. KEEP OUT OF REACH OF CHILDREN.

Manufactured for:
SFI USA
Reno, NV 89521
Klaire.com



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