

Formulated by
Drew Sinatra, ND

Board-certified naturopathic doctor focused on integrative solutions for overall wellness whose 15+ years of treating patients—and work with supplement leader Healthy Directions— led to the development of **Advanced Magnesium Glycinate Complex** for heart and overall health.†

Precautions: Reduce or discontinue use if you develop loose stools. This side effect may worsen when taking this product in conjunction with other supplements containing magnesium. Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Chelamax® is a registered trademark of Innophos, LLC.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Get to know the doctors at
DoctorsPreferred.com
1-800-304-1709



ADVANCED

Magnesium Glycinate

COMPLEX

420 mg magnesium

ENHANCED ABSORPTION

420 mg | 100% Daily Value Per 2-Tablet Serving

Dietary Supplement | 60 TABLETS / 30-DAY SUPPLY

Doctor's Suggested Use: Take 2 tablets daily with a meal.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value	
Magnesium [as Advanced Magnesium Glycinate Complex (magnesium glycinate chelate (Chelamax®), magnesium glycerophosphate)]	420 mg	100%

Other ingredients: Vegetable stearic acid, microcrystalline cellulose, dicalcium phosphate, hypromellose, vegetable magnesium stearate, croscarmellose sodium, glycerin, hydroxypropyl cellulose

Distributed by Healthy Directions, Bethesda, MD 20817

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

SKU: DMC 02 T11000, 2024 R-1
Please see bottom of bottle for Lot No. and Expiration Date