



melatonin

5mg

specialty

60 tablets
dietary supplement

sleep[✓]

antioxidant[✓]

gluten
free

soy
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium	74 mg	8%
Melatonin	5 mg	*

* Daily Value not established.

Other ingredients: Dicalcium phosphate, vegetable stearic acid, microcrystalline cellulose, croscarmellose sodium, vegetable magnesium stearate, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin).

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Artificial Colors or Flavors.

DIRECTIONS: As a dietary supplement, take one (1) tablet daily, prior to bedtime as needed, or as directed.

WARNING: Consult your physician prior to use if you are pregnant, nursing or being treated for depression. Do not drive or operate heavy machinery while using this product. Not intended for children under 12.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.
TAMPER EVIDENT Do not use if outer seal is broken or missing.

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