

Directions For Use

Adults: 4 tablets per day

For optimal results take on an empty stomach and split into 2 doses per day; first thing in the morning and around mid to late afternoon.

Xtend-Life™ Total Balance Men's is an all-natural comprehensive micro-nutrient, containing a broad range of synergistic nutrients known to support overall male health*.

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

L1120-13



Total Balance Men's

Comprehensive Micro-Nutrient for Men

Enteric coated

120 Tablets



Dietary Supplement
Made in New Zealand

Supplement Facts

Serving size: 4 tablets
Servings per container: 30

	Amount Per Serving	% Daily Value*
Calories	25	
Calories from fat	10	
Vitamin A (from Natural mixed carotenoids)	5000 IU	100%
Vitamin C (as Calcium ascorbate, Potassium ascorbate, Ascorbyl palmitate)	194 mg	320%
Vitamin D3 (as Cholecalciferol)	500 IU	130%
Vitamin E (as D-alpha tocopheryl succinate)	100 IU	330%
Vitamin K2 (as Menaquinone)	180 mcg	230%
Thiamin (as Thiamin hydrochloride)	10 mg	670%
Riboflavin (as Riboflavin-5-phosphate)	10 mg	590%
Niacin (as Nicotinic acid, Niacinamide, Chromium nicotinate)	26 mg	130%
Vitamin B6 (as Pyridoxal-5-phosphate)	7 mg	350%
Folic Acid	300 mcg	80%
Vitamin B12 (as Cobamide)	25 mcg	420%
Biotin	400 mcg	130%
Pantothenic acid (as Calcium pantothenate)	41 mg	410%
Calcium (as Calcium citrate, Calcium ascorbate, Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Calcium pantothenate)	63 mg	6%
Phosphorus (as Calcium magnesium inositol hexaphosphate, Dicalcium phosphate, Pyridoxal-5-phosphate, Riboflavin-5-phosphate)	21 mg	2%
Iodine (as Potassium iodide)	150 mcg	100%
Magnesium (as Magnesium citrate, Magnesium stearate, Calcium magnesium inositol hexaphosphate)	65 mg	15%
Zinc (as Zinc acetate dihydrate & Zinc citrate)	19 mg	130%
Selenium (as L-selenomethionine)	100 mcg	140%
Copper (as Copper gluconate)	0.2 mg	10%

	Amount Per Serving	% Daily Value*
Manganese (as Manganese citrate)	2 mg	100%
Chromium (as Chromium nicotinate)	106 mcg	90%
Molybdenum (as Sodium molybdate)	64 mcg	90%
Potassium (as Tripotassium citrate, Potassium ascorbate, Potassium iodide)	46 mg	2%
MSM (Methylsulfonyl methane)	99 mg	**
Choline bitartrate	93 mg	**
Green tea extract	60 mg	**
Horsetail extract (leaf & stem)	60 mg	**
Inositol (as Inositol & Inositol hexaphosphate)	59 mg	**
Alpha lipoic acid	50 mg	**
Bacopa extract (leaf)	50 mg	**
Black cumin extract (seed)	50 mg	**
PABA (p-Aminobenzoic acid)	50 mg	**
Soy lecithin	50 mg	**
Betain HCL	49 mg	**
Ginkgo extract (leaf)	40 mg	**
Beta glucan (from Yeast)	35 mg	**
Dimethyl glycine hydrochloride	30 mg	**
Mineral sea salts	30 mg	**
N-acetyl glucosamine (from Crustacean shell)	29 mg	**
N-acetyl L-cysteine	29 mg	**
SAME (from 29 mg S-adenosylmethionine tosylate)	15 mg	**
Coenzyme Q-10	14 mg	**
Alfalfa extract (aerial parts)	10 mg	**
Isoflavones (from Soybean)	10 mg	**
Luteolin (from Peanut shell)	9 mg	**
Piperine (from Black pepper)	9 mg	**
Trans-resveratrol (from Japanese knotweed, root)	7 mg	**
ATP (Adenosine triphosphate, from Yeast)	5 mg	**
Red clover extract (aerial parts)	5 mg	**
Policosanol (from Sugar cane)	4 mg	**
Tocotrienol/tocopherol complex (Tocomin® from Palm tree oil)	2 mg	**

	Amount Per Serving	% Daily Value*
Boron (as Boron citrate)	720 mcg	**
Amino Acid Blend	228 mg	**
L-arginine HCL, L-tyrosine, L-methionine, L-carnosine, Reduced glutathione		
Male Health Support Blend	543 mg	**
Phytosterol (Soybean), Saw palmetto extract (fruit), Nettle extract (root), Chrysin (from Oroxylum bark), Zinc acetate dihydrate, Lycopene (from Tomato)		
Enzyme Blend	125 mg	**
Bromelain (from Pineapple stem), Nattozymes Protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger)		
Eye Health Blend	13 mg	**
Rutin (from Saphorae japonica, bud), Lutein (from Aztec marigold, flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec marigold, flower)		

* Percent daily values are based on a 2000 calorie diet
** Daily value not established

Other Ingredients: Microcrystalline cellulose, Dextrose, Enteric coating (Purified water, Ethylcellulose, Ammonium hydroxide, Medium chain triglycerides, Oleic acid, Sodium carboxymethyl cellulose, Talc, Polydextrose), Maltodextrin, Silicon dioxide, Sodium carboxymethyl cellulose.

Contains ingredients derived from soy, peanut and shellfish
Does not contain gluten or dairy

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