

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 scoop 1–2 times daily, with meals, mixed with 8 oz water.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Use only if safety seal is intact.

Packaged by weight, not volume. Settling may occur.

Scan to learn about our hypoallergenic supplements



Magnesium (powder)

Supports cardiometabolic, neurocognitive and musculoskeletal health[†]

**Gluten-free, Non-GMO
& Hypoallergenic**

Dietary Supplement

Net wt. 3.8 oz (108 g)

Supplement Facts

Serving size 1 scoop (approximately 1.8 g)
Servings per container approximately 60

	Amount Per Serving	%DV
Magnesium (as magnesium citrate)	250 mg	60%
		% Daily value (DV)

Powder can harden with exposure to moisture. Shake well before use.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**