

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 scoop, 1–2 times daily, mixed with water, with or between meals, or as directed by a health professional.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Use only if safety seal is intact.

Packaged by weight, not volume. Settling may occur.

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Inositol (powder)

Provides support for occasional nervous tension and ovarian health†

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

Net wt. 8.8 oz (252 g)

Supplement Facts

Serving size 1 scoop (approximately 4.2 g)
Servings per container approximately 60

	Amount Per Serving	%DV
Inositol (as myo-inositol)	4 g	*

* Daily value (DV) not established

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.