

Insomnia may be a symptom of serious underlying medical illness. **Keep out of reach of children.** Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

Do not drive or operate machinery when taking melatonin.

There is a safety seal under the cap. Do not use if the seal is broken or missing. Keep tablets in original container with the lid tightly closed between use. Store in a cool, dry place. Store below 25 °C.

Laboratory tested. Quality guaranteed. Meets USP specifications for uniformity,

potency, and disintegration, where applicable.

**Manufactured by:**  
USANA Health Sciences, Inc.  
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SLC, Utah 84120 USA



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USANA.

pure  
rest



SLEEP SUPPORT\*



Dietary Supplement  
56 Tablets

**Directions:** Adults take one-half (1/2) to two (2) dissolvable tablets as needed one hour before bedtime for relief of occasional sleeplessness.

## Supplement Facts

Serving size: 1 Tablet

Servings per container: 56

Amount Per Serving	%DV
Melatonin	2 mg †

†Daily value (DV) not established.

**Other Ingredients:** Xylitol, Natural Orange Flavor, Ascorbyl Palmitate, Silicon Dioxide.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.