

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

There is a safety seal under the cap. Do not use if the seal is broken or missing. Keep tablets in original container with the lid tightly closed between use.

Store in a cool, dry place. Store below 25 °C.

Laboratory tested. Quality guaranteed. Meets USP specification for uniformity, potency, and disintegration, where applicable.



Manufactured by:
USANA Health Sciences, Inc.
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SLC, UT 84120 USA

Discard Seal,
Empty &
Replace Cap



PLASTIC
BOTTLE

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USANA


prenatal
CORE MINERALS

PREMIUM BROAD-RANGE
MINERAL SUPPORT



Dietary Supplement
112 Tablets

Directions: Take two (2) tablets twice daily, preferably with food.

Supplement Facts

Serving size: 2 Tablets

Servings per container: 56

Amount Per Serving		% DV
Vitamin C (as Magnesium Ascorbate and Calcium Ascorbate)	300 mg	250%
Calcium (as Calcium Citrate and Calcium Ascorbate)	113 mg	9%
Iron (as Ferrous Fumarate)	14 mg	52%
Iodine (as Potassium Iodide)	140 µg	48%
Magnesium (as Magnesium Citrate and Magnesium Ascorbate)	113 mg	28%
Zinc (as Zinc Citrate)	10 mg	77%
Selenium (as L-selenomethionine and Sodium Selenite)	100 µg	143%
Copper (as Copper Gluconate)	1 mg	77%
Manganese (as Manganese Gluconate)	1 mg	38%
Chromium (as Chromium Polynicotinate)	150 mg	333%
Molybdenum (as Molybdenum Citrate)	25 µg	50%
Silicon (as Calcium Silicate)	2 mg	†
Vanadium (as Vanadium Citrate)	20 µg	†
Ultra Trace Minerals	1.5 mg	†
L-Cysteine	80 mg	†

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Modified Cellulose, Croscarmellose Sodium, Ascorbyl Palmitate, Organic Maltodextrin, Pregelatinized Starch, Silicon Dioxide, Vanilla Extract, Organic Sunflower Lecithin, Organic Palm Olein, Organic Guar Gum.