Other Ingredients: Microcrystalline Cellulose. Croscarmellose Sodium, Modified Cellulose, Silicon (as Silicon Dioxide and Silicon Amino Acid Chelate), Organic Maltodextrin, Ascorbyl Palmitate, Calcium Silicate, Natural Mango Flavor, Stevia, Organic Sunflower Lecithin, Organic Palm Olein, Organic Guar Gum.

\*These statements have not been evaluated by the Food and Drug Administration, This product is not intended to diagnose, treat, cure, or prevent any disease.

> Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

\*\*Meriva® is a registered trademark of Indena S.p.A.

There is a safety seal under the cap. Do not use if the seal is broken or missing. Store below 25 °C. Laboratory tested, Quality guaranteed, Meets USP specification for uniformity, potency, and disintegration, where applicable.



PLASTIC BOTTLE

Manufactured by: USANA Health Sciences, Inc. 3838 West

Parkway Blvd. SLC, Utah 84120

## USANA



MULTIVITAMIN AND MINERAL SUPPORT\*



**Dietary Supplement** 84 Tablets

Directions: Take one (1) tablet three times daily, preferably with food.

## Supplement Facts

Serving size: 1 Tablet Servings per container: 84

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A [as 100% 900 µg RAE (1800 mcg) Beta Carotene]	100%	Magnesium (as Magnesium 40 mg Citrate and Magnesium Ascorbate)	10%
Vitamin C 167 mg	186%	Zinc (as Zinc Citrate) 4 mg	36%
(as Magnesium Ascorbate) Vitamin D3 (as Cholecalciferol) 8 μg	40%	Selenium (as L-Selenomethionine 50 µg and Sodium Selenite)	91%
Vitamin E (as D-alpha 45 mg Tocopheryl Succinate)	300%	Copper (as Copper Gluconate) 0.33 mg	37%
Tocopheryl Succinate) Vitamin K (as Phylloquinone) 20 μg	17%	Manganese 1 mg (as Manganese Gluconate)	43%
Thiamine (Vitamin B1) 6-67 mg Riboflavin (Vitamin B2) 6-67 mg	556% 513%	Chromium (as Chromium 50 µg Chloride and Chromium Nicotinate)	143%
Niacin 12 mg NE (as Niacin and Niacinamide)	75%	Molybdenum 16.6 µg (as Sodium Molybdate)	37%
Vitamin B6 (as Pyridoxine HCI) 8 mg	471%	Inositol 10 mg	
Folate (as 166 µg Folic Acid) 277 µg DFE	69%	L-Cysteine Hydrochloride 15 mg	
Vitamin B12 (as Cyanocobalamin) 50 µg	2083%	Antioxidant Phytonutrient Complex 52 mg	†
Biotin 100 μg	333%	(Quercetin Dihydrate, Meriva®** Bioavailable Curcumin Complex), Olivol (Oliv	a Fruit
Pantothenic Acid 10 mg (as D-Calcium Pantothenate)	200%	Extract, Olea europaea L., fruit), Grape Seed (Vitis vinifera L., seed), Green Tea Extract- Decaffeinated (Camellia sinensis hunt. leave	Extract
Choline (as Choline Bitartrate) 6.15 mg	1%	Decaffeinated (Camellia sinensis hunt. leave	es)
Calcium (as Calcium Citrate 75mg and Calcium Carbonate)	6%	Lutein 500 μg Lycopene 150 μg	†
lodine (as Potassium lodide) 50 μg	33%	Broccoli Concentrate 5 mg (Brassica oleracea v. botrytis L., flower)	t

†Daily Value (DV) not established.