

Suggested Use: As a dietary supplement, adults take one (1) capsule daily preferably with a meal or as recommended by a physician.

Tamper Resistance: Please do not use if safety seal is broken or missing. Store in a cool, dry place.

Warnings: Do not use if you are under the age of 18. Do not exceed recommended serving. Consult your health care provider prior to using this or any other dietary supplement, especially if you are taking any medications, over the counter products, or other dietary supplements, or if you have or suspect you may have any medical condition. Immediately discontinue use and call your health care provider if you experience any adverse reaction. Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Mama's Select

FOR PREGNANT AND LACTATING WOMEN

Methylfolate

Supports Fetal Development*

90 VEGGIE CAPSULES

DIETARY SUPPLEMENT



MADE IN THE U.S.A.

LACTATING WOMEN

Supplement Facts

Serving Size 1 Capsule
Servings per Container 90

	Amount per Serving	%DV
Folate (as calcium 5-methyltetrahydrofolate)	800.00 mcg DFE	133%

% Daily Value for Pregnant & Lactating Women

Other Ingredients: Rice Flour, Vegetable Cellulose, Magnesium Stearate, Silicon Dioxide.

Manufactured for:

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