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integrativepro.com.

Keep out of reach of children. Safety sealed with
inner seal. Do not use if seal is broken or missing.
Keep tightly closed. Store at room temperature.
Avoid excessive heat and direct sunlight.

DeltaGold® is a registered trademark of
American River Nutrition, LLC and protected
by U.S. Patent No: 6,350,453 and 8,586,109.
Quatrefolic® is a registered trademark of
Gnosis S.p.A. U.S. Patent No. 7,947,662.
SelenoExcell® is a registered trademark of
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MenaQ7
NATURAL VITAMIN B12 AS MCHP

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



PROTHRIVERS™ WELLNESS MULTIVITAMIN

60 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules Servings per Container 30

Amount per Serving	% DV**
Vitamin A (as retinyl acetate)	750 mcg 83%
Vitamin C (ascorbic acid)	484 mg 538%
Vitamin D3 (as cholecalciferol)	25 mcg 125%
Thiamin (as thiamin HCl)	40 mg 3,333%
Riboflavin	20 mg 1,538%
Niacin (as inositol hexaniacinate)	50 mg 313%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate)	10 mg 588%
Folate	200 mcg DFE 50%
(209 mcg Quatrefolic® brand (6S)-5- methyltetrahydrofolate glucosamine salt)	
Vitamin B12 (as methylcobalamin)	500 mcg 20,833%
Biotin	200 mcg 667%
Pantothenic Acid (from Pantesin®)	40 mg 800%
Iodine (as potassium iodide)	50 mcg 33%
Zinc (as zinc citrate)	7 mg 64%
Selenium (as SelenoExcell® high selenium yeast)	160 mcg 291%
Manganese (as manganese citrate)	1 mg 43%

Amount per Serving	% DV**
Molybdenum (as sodium molybdate)	100 mcg 222%
Betaine HCl	50 mg **
Annatto (seed) Mixed Tocotrienols (DeltaGold® brand) with d-delta tocotrienols and d-gamma tocotrienols	25 mg **
Vitamin K2 (from MenaQ7® Vitamin K2)	100 mcg **
**Daily Value (DV) not established.	

Other ingredients: plant-derived capsule (hypo-
melllose), cellulose, ascorbyl palmitate, calcium
silicate, silica, gelatin

Recommendation: Adults take two capsules
1-2 times daily with food, or as recommended
by a healthcare professional. Do not exceed
recommended dose unless advised by a
healthcare professional.

Warning: Do not take if you are pregnant or
nursing. Not recommended for use if peptic
ulcer, gastritis, or heartburn is present. If you
have a blood clotting issue, or if you are taking
any medications, including blood thinners,
consult a healthcare professional before use.

Contains no gluten, wheat, dairy, or artificial
colors or flavors.