

Recommended Use:

Take four (4) tablets daily.

If you are allergic to any of these ingredients, or are pregnant or nursing, consult a physician before taking this or any other dietary supplement. Keep out of reach of children. Store in a dry place at room temperature.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Distributed exclusively by Nikken Inc.
Distribuido exclusivamente por Nikken Inc.
18301 Von Karman Ave. #120, Irvine, CA 92612
Made in USA | Hecho en los EE.UU.
©2020 Nikken Inc. | www.nikken.com
rev. 1/21



#1568



MEGA DAILY 4 for women

Foundation of Overall Health*



Dietary Supplement
Suplemento dietario
120 tablets | 120 comprimidos

Supplement Facts

Serving Size: 4 Tablets
Servings per Container: 30

Amount per Serving	% DV	Amount per Serving	% DV
Vitamin A (Beta Carotene)	7500IU 150%	Manganese (Citrate)	2mg 100%
Vitamin D (Cholecalciferol)	400IU 100%	Chromium (Chelate)	180mcg 150%
Vitamin C (ascorbic acid, calcium (ascorbate), ascorbyl palmitate, magnesium (ascorbate), potassium (ascorbate) and zinc (ascorbate)	318mg 530%	Lycopene	1mg *
Vitamin E (Mixed Tocopherols)	50IU 167%	CoffeeFruit Pure® (Coffea Arabica)	100mg *
Vitamin K (MenaQ7®)	80mcg 100%	Lutein	750mcg *
Thiamin	5mg 333%	Organic Vegetable Blend	427mg *
Riboflavin	15mg 882%	Alfalfa, Spinach, Barley, Parsley	
Niacinamide	75mg 375%	Energy Plus Appetite Control	381mg
Vitamin B6 (Pyridoxine)	20mg 1000%	Green Tea SH 50% Polyphenols (8-12% Caffeine), Asian Ginseng Extract, Natural Cocoa	
Folate	500mcg 125%	Digestive Support	350mg
Vitamin B12 (Methylcobalamin)	50mcg 833%	Fenugreek (Seed) Powder, Bromelain	
Biotin	300mcg 100%	Natural Hormone Support	135mg
Pantothenic Acid	20mg 200%	Red Clover (Blossom), Cranberry Powder, Dong Quai Extract	
Calcium (Carbonate, Ascorbate)	800mg 80%	Cholesterol and Heart Support	37mg
Iodine (Kelp)	150mcg 100%	Garlic Powder, Alpha Lipoic Acid, Glutathione, Grape Seed Extract 95% Proanthocyanidins	
Magnesium (Oxide, Citrate, Ascorbate)	100 mg 25%		
Zinc (Oxide, Ascorbate)	50mg 333%		
Selenium (Sodium)	200mcg 286%		
Copper (Citrate)	2mg 100%		

*Daily Value not established

Other Ingredients: Calcium carbonate, cellulose, stearic acid, magnesium stearate and carbomer homopolymer.