

Rhythm & Flo™

+ Master Herbalist Formulated

CAUTION: Do not use if pregnant or nursing. If taking any medication or if you have a medical condition, consult your healthcare practitioner before use. Keep out of reach of children.

Women's Health

Rhythm & Flo™



Suggested Use: 2 capsules daily with food

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	%DV
Vitamin B ₆ (as pyridoxine hydrochloride) 30 mg	1765%
Magnesium (as magnesium glycinate) 50 mg	12%
Rhythm and Flo Blend 275 mg	†
Dong Quai (<i>Angelica sinensis</i>) (root) Extract, Ginger (<i>Zingiber officinale</i>) (root) Extract, Dandelion (<i>Taraxacum officinale</i>) (leaf) Extract, Cleavers (<i>Galium aparine</i>) (aerials) Extract	
Chaste Tree (<i>Vitex agnus-castus</i>) (fruit) Extract 225 mg	†

† Daily Value (DV) not established

OTHER INGREDIENTS: rice flour and vegan capsule (hypromellose and water)

Formulated and Distributed By:
Redd Remedies, Bradley, IL 60915
888-453-5058 support@reddremedies.com

MADE WITHOUT: wheat, gluten, artificial flavoring or coloring, preservatives or animal ingredients.

Store in a dry place at room temperature.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Your daily go-to
for maintaining
healthy hormonal
balance*

+ Supports healthy
menstrual cycles*



Gluten Free



Vegan



Third-Party
Tested

60

Vegan Capsules
Dietary Supplement