

+ Master Herbalist Formulated

Store in a dry place at room temperature.

CAUTION: If you have a medical condition, are taking medication or are pregnant or nursing, consult your healthcare practitioner before use. Keep out of reach of children.

MADE WITHOUT: wheat, gluten, artificial flavoring or coloring, or preservatives.

Lactium® is a registered trademark of Ingredia.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Women's Health

Peaceful Mama™



+ Stress Support for All Moms*

Safe for pregnant & nursing moms



Gluten Free



Vegetarian



Third-Party
Tested

30

Vegetarian Capsules
Dietary Supplement

Suggested Use: 1 capsule daily with food

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

Amount Per Serving		%DV
Niacin (as niacinamide)	8 mg	50%
Vitamin B ₆ (as pyridoxine hydrochloride)	5 mg	294%
Vitamin B ₁₂ (as methylcobalamin)	100 mcg	4167%
Casein Hydrolysate (Lactium®)	150 mg	†
Lemon Balm (<i>Melissa officinalis</i>) (aerials) Extract	35 mg	†
Ginger (<i>Zingiber officinale</i>) (root) Extract	30 mg	†

† Daily Value (DV) not established

OTHER INGREDIENTS: rice flour and vegetarian capsule (hypromellose and water)

CONTAINS: milk

Formulated and Distributed By:

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