

Directions For Use

Adults: 6 tablets per day

Age 12-18 years: 3 tablets per day

For optimal results split into 2 doses per day; taking the first dose before your evening meal, and the second dose 2 hours before bedtime.

Xtend-Life™ Neuro-Natural Sleep is an all-natural, professional supplement designed specifically to help support deep sleep*.

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

L1092-4



Neuro-Natural Sleep

With Ingredients to Help Support Quality Sleep

Enteric coated

90 Tablets

Dietary Supplement

Made in New Zealand



Supplement Facts

Serving size: 6 tablets

Servings per container: 15

	Amount Per Serving	% Daily Value*
Calories.....	25	
Calories from fat.....	5	
Vitamin B6 (as Pyridoxal 5-Phosphate).....	10 mg	500%
Folic Acid.....	300 mcg	80%
Biotin.....	1995 mcg	670%
Selenium (as L-selenomethionine).....	90 mcg	130%

Hops (cone).....	500 mg	**
Passionflower extract.....	350 mg	**
L-threonine.....	350 mg	**
Valerian extract (root).....	350 mg	**
Bacopa extract (leaf).....	250 mg	**
Alpha lipoic acid.....	200 mg	**
Soy lecithin.....	180 mg	**
L-carnosine.....	148 mg	**
Bilberry extract (fruit).....	120 mg	**
Dandelion extract (root).....	100 mg	**
Green tea extract.....	100 mg	**
Milk thistle extract (seed).....	100 mg	**
L-tyrosine.....	100 mg	**
Betain HCL.....	99 mg	**
Choline bitartrate.....	99 mg	**
Pomegranate extract (fruit hull).....	80 mg	**
D-phenylalanine.....	79 mg	**
Inositol.....	73 mg	**
Grape seed extract.....	60 mg	**
SAMe (from 98 mg S-Adenosylmethionine tosylate).....	51 mg	**
Chamomile extract (flower).....	50 mg	**
Eleuthero extract (root).....	50 mg	**
Hawthorn extract (leaf & flower).....	50 mg	**

	Amount Per Serving	% Daily Value*
Quercetin (from Saphorae japonica flower).....	50 mg	**
Rosemary extract (leaf).....	50 mg	**
L-valine.....	50 mg	**
L-glutamine.....	49 mg	**
L-histidine HCL.....	49 mg	**
5-hydroxytryptophan (from Griffonia simplicifolia seed).....	49 mg	**
Taurine.....	49 mg	**
Phosphatidyl serine (from Soy bean).....	20 mg	**
Trans-resveratrol (from Japanese knotweed root).....	15 mg	**
Vinpocetine (from Cricorus longiflorus, whole plant).....	15 mg	**
Piperine (from Black pepper).....	9 mg	**
Huperzine A (from Lyopodium serrata whole herb).....	200 mcg	**

* Percent daily values are based on a 2000 calorie diet

** Daily value not established

Not a significant source of calcium

Other Ingredients: Microcrystalline cellulose, Enteric Coating (Purified water, Ethylcellulose, Ammonium hydroxide, Medium chain triglycerides, Oleic acid, Sodium carboxymethyl cellulose, Talc, Polydextrose), Dextrose, Maltodextrin, Silicon dioxide, Sodium carboxymethyl cellulose, Magnesium stearate, Dicalcium phosphate.

Contains ingredients derived from soy

Does not contain dairy, gluten, shellfish or peanut

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